



"iT" Course Directors: Gladstone C. McDowell, II MD, and Michael Saulino, MD, PhD

Presenting: "iT" the Intrathecal Conference "Intrathecal Therapy Reimagined"

Date: May 1-3, 2026

Location: Hilton Columbus at Easton, Columbus, OH

Friday, May 1, 2026			
Time	Location	Topic	Faculty
5:00-6:30 pm		Welcome Reception and Networking Event *Sponsorship Available	
5:00-6:30 pm		<i>Early Registration and Exhibitor Set Up</i>	

6:30 pm		<i>Faculty Dinner hotels by Pentec Health Invitaation only</i>	
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Saturday, May 2, 2026			
Time	Location	Topic	Faculty
8:00-8:05 am	Juniper ABC	Welcome to "iT" Intrathecal Therapy Reimagined!	Course Directors: Gladstone C. McDowell, II, MD and Michael Saulino, MD, PhD
8:05-8:25 am	Juniper ABC	Why Intrathecal Therapy? A Historical Perspective on How We Got Here	Eric Grigsby, MD, MBA
		Core Science & Mechanisms	Moderator: Eric Grigsby, MD, MBA



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8:25-8:45 am	Juniper ABC	How Intrathecal Therapy Works for Pain and Spasticity	Michael Saulino, MD, PhD
Saturday, May 2, 2026			
Time	Location	Topic	Faculty
8:45-9:05 am	Juniper ABC	Intrathecal Pump and Catheter Technology: Current State and Future Directions	Gladstone C. McDowell, II, MD
9:05-9:35 am	Columbus ABC	Break w/ Exhibits (2) Product Theaters available <i>*not part of the CME program, no CME credit available</i>	
Time	Location	Topic	Faculty
		Patient Selection & Pre-Operative Considerations	Moderators: Jason Pope, MD and Lawrence Poree, MD, PhD, MPH
9:35-9:55 am	Juniper ABC	Training Required to Perform Intrathecal Therapy	Tolga Suvar, MD
9:55-10:25 am	Juniper ABC	Who is the Right Patient and when is the Right Time? Cancer, Non-Cancer and Intractable Spasticity	Tolga Suvar, MD, Brian Bruel, MD
10:25-10:40 am	Juniper ABC	Preoperative Education and Behavioral clearance and Optimization	Tammy Dann, DO, MPH
10:40-11:00 am	Juniper ABC	Pre-Operative Medical and Surgical Evaluation: Comorbidities and Risk Factors	Gladstone McDowell, II, MD and Jay Grider, MD
11:00-11:20 am	Juniper ABC	Intrathecal Medications and How They Work: Opioids, Ziconotide, Local Anesthetics and Clonidine	Salim Hayek, MD, PhD
11:20-11:40 am	Juniper ABC	Intrathecal Medication: How and Why Do We Choose This Therapy and How Do We Initiate?	Hemant Kalia, MD, MPH
11:40-12:00 pm	Juniper ABC	Q&A	Moderators: Jason Pope, MD and Lawrence Poree, MD, PhD, MPH Faculty: Tolga Suvar, MD, Brian Bruel, MD, Tammy Dann, DO, MPH, Gladstone C. McDowell, II, MD, Jay Grider, MD, Salim Hayek, MD, PhD, and Hemant Kalia, MD, MPH

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12:00-1:00 pm	Columbus ABC	<i>Lunch Symposium Sponsored by Basic Home Infusion</i> <i>*not part of the CME program, no CME credit available</i>	
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Time	Location	Topic	Faculty
		Initiation of Therapy	Moderators: Tolga Suvar, MD and Gladstone C. McDowell, II, MD
1:00-1:20 pm	Juniper ABC	Pain: Intrathecal Trialing, Dosing and Titration	Jay Grider, MD, Edward Podgorski, III, MD
1:20-1:40 pm	Juniper ABC	Spasticity: Intrathecal Trialing, Dosing and Titration	Christina Hardesty, MD
1:40-2:00 pm	Juniper ABC	When and Why Do We Use Polypharmacy in Intrathecal Therapy?	Hemant Kalia, MD, MPH and Gobi Paramanandam, MD
2:00-2:15 pm	Juniper ABC	Panel Discussion	Moderators: Tolga Suvar, MD and Gladstone C. McDowell, II, MD Panelists: Jay Grider, MD, Edward Podgorski, III, MD, Christina Hardesty, MD, Hemant Kalia, MD, MPH, Gobi Paramanandam, MD
2:15-2:45 pm	Columbus ABC	Break w/ Exhibits (2) Product Theaters available <i>*not part of the CME program, no CME credit available</i>	
Time	Location	Topic	Faculty
		Cancer Pain	Moderators: Brian Bruel, MD
2:45-3:05 pm	Juniper ABC	Cancer Pain Care in an Academic Setting	Matthew Chung, MD
3:05-3:25 pm	Juniper ABC	Building and Growing an Interventional Cancer Pain Practice: Challenges and Opportunities	Edward Podgorski, MD and Gobi Paramanandam, MD
		Logistics, Economics, and Compliance	Moderator: Jay Grider, MD
3:25-3:45 pm	Juniper ABC		Lawrence Poree, MD, PhD, MPH

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		It Takes a Village to Manage Pump Patients: Infrastructure, Education, Remote Monitoring, Logistics	
3:45-4:05 pm	Juniper ABC	Economics, Billing, and Compliance	Tammy Dann, DO MPH and Jason Pope, MD

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Time	Location	Topic	Faculty
4:05-4:20 pm	Juniper ABC	Panel Discussion	Panelists: Lawrence Poree, MD, PhD, MPH, Tammy Dann, DO, MPH and Jason Pope, MD
		Why is There No "Easy-Button" for Pump Patients?	Moderator: Lawrence Poree, MD, PhD, MPH
4:20-4:40 pm	Juniper ABC	Troubleshooting the Complex Pain and Spasticity Pump Patient	Edward Podgorski, III, MD, Christina Hardesty, MD
4:40-5:00 pm	Juniper ABC	The Evolution and Current Revisions to the Polyanalgesic Consensus (PACC)	Jason Pope, MD, Jay Grider, MD
5:00-5:10 pm	Juniper ABC	Wrap Up and Discussion on the Future of The Intrathecal Conference	Gladstone C. McDowell, II, MD and Michael Saulino, MD, PhD
		Sessions Close	
5:30-8:00 pm		Evening Event sponsorship available <i>*not part of the CME program, no CME credit available</i>	

*****Exhibitors are welcome to break down after the afternoon break*****

Sunday, May 3, 2026

Time	Location	Topic	Faculty
9:00-9:05 am		Welcome to "iT" Intrathecal Therapy Reimagined! Deep Dive Round Table Discussion Sessions	Course Directors: Gladstone C. McDowell, II, MD and Michael Saulino, MD, PhD
9:05-9:25 am		Economics, Billing and Compliance	Tammy Dann, DO, MPH and Jason Pope, MD

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9:25-9:45 am		<p>Rotation One Table Options: iT Compounding - Where and How to Use? Reimbursement Challenges Cancer Pain Considerations Utility of Botox and Other Agents Troubleshooting for Refractory Pain and/or Spasticity</p>	Tammy Dann, DO, MPH, Brian Bruel, MD
9:45-10:15 am		<p>Rotation Two Table Options: iT Compounding - Where and How to Use? Reimbursement Challenges Cancer Pain Considerations Utility of Botox and Other Agents Troubleshooting for Refractory Pain and/or Spasticity</p>	Tammy Dann, DO, MPH, Brian Bruel, MD
10:15-10:45 am		<p>Rotation Three Table Options: iT Compounding - Where and How to Use? Reimbursement Challenges Cancer Pain Considerations Utility of Botox and Other Agents Troubleshooting for Refractory Pain and/or Spasticity</p>	Tammy Dann, DO, MPH, Brian Bruel, MD
10:45-11:15 am		<p>Break <i>*not part of the CME program, no CME credit available</i></p>	
11:15-12:00 pm		<p>Compounding Pharmacy - Showcases and Roundtable Discussions <i>*not part of the CME program, no CME credit available</i></p>	TBD